

Beauty Essentials

Hands & Feet

- Basic Manicure 25€
- OPI Gel 35€
- Paraffin wax 12€
- Pedicure 40€
- OPI Pedicure 45€
- Medi Pedicure 50€

Gel removal not done by Estética is an additional.

5€

Gel removal with no manicure or re application.

15€

(This includes file and buff)

Eyelash/Eyebrow Tinting

For a semi permanent colour. To enhance your own lashes or brows. Brown, black or blue black tint.

- Eye lash tint 18€
- Eyebrow tint & shape 18€
- Both together 30€

- LVL lashes for lift, volume and length 48€
- Henna Brows complete reshaping and design 45€
- Brow lamination 30€

Hair Removal

Cold wax is used for the majority of waxing. We recommend the use of hot wax for bikini, underarm and face.

- Half leg wax 20€
- Hollywood 35€
- Brazilian 25€
- Bikini wax 20€
- Underarm wax 15€
- Eyebrow wax & shape 10€
- Full leg wax 30€
- Back wax 20€
- Lip and chin wax 15€

Package Treatments

De Stress Treatment

85€

This De stress treatment gives you a combination of Face and Body treatments. To relax and warm your muscles the treatment starts with a relaxing hot stone back massage. Followed by an Express facial and an Indian Head Massage.

Mother-to-Be

98€

Comforting and cocooning, safe pre natal treatment for the expectant mum, releasing anxieties and leaving you with inner strength and peace. (Head, back, legs and Feet).

Package Treatments

- 5 x Golfers Massage Package 265€
- 5 x Full Body Package 375€
- Two Hour Massage combination 150€

Quinta Verde



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Cancellation Fee

A 6 hour cancellation notice is required for all bookings. Otherwise 100% of the total treatment will be charged.

Late Arrivals

Your Treatment duration will be reduced accordingly and the full price charged.

Children

Estetica will not do massage treatments on children under 12 years of age.



ESTÉTICA

FACE & BODY

Facial Treatments

Facial Treatments

A choice of facials ranging from a simple deep cleanse to more intense facial specifically for your skin type.

From 75€ to 95€

Hydra Facial 135€

The Hydra Facial is a multistep facial treatment system. In one session you can cleanse, exfoliate, extract and hydrate by delivering a variety of rejuvenating serums with visible results.

Dr Schrammek, the Original Green Peel 150€

A natural peel with results as good as a chemical peel. A new skin in 5 days. Treatment plus home care products.

Energising Facial or Vitality Facial 98€

Using the same active ingredients but in smaller quantities than the original green peel, this treatment has no downtime but will help pep up your skin.

Jane Scrivner Facial 95€

A natural and organic plant-derived facial that restores surface Biome, reconfigures the acid mantle and repairs barrier function to maintain a healthy skin.

Micro-Needling (1 Treatment) 120€ (Course of 4) 400€

Derma pen used in conjunction with pure cocktails of vitamins and minerals to restore skins collagen and elastin production. Overall texture and tone of the skin. Ideal for post-acne scarring, pigmentation, acne, ageing on face. Body treatments for cellulite, stretch marks and scars.

Can be done every two weeks.

HIFU Facial Rejuvenation

High Intensive Focused Ultrasound is a non invasive anti-age weapon without undergoing plastic surgery. This treatment stimulates the skin own fibroblasts and collagen.

from 80€/100€ per area

Body Treatments

Relaxing Back Massage 60€ 45 min

A massage of the upper and lower back, to relieve tension, stress and muscular discomfort.

Deep Tissue Massage 95€

Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout.

Relaxing Body Massage 85€

The perfect antidote to a stressful lifestyle, relaxes the mind and restores the body equilibrium, easing tension and improving circulation.

Indian Head Massage 35€

Increases blood flow to the scalp, relieves tension and headaches, Excellent for dry scalp and migraine sufferers. It is an extremely relaxing treatment. Ideal treatment when you have a head cold or sinus problems as well.

Estetica Massage Treats 80€

Select one of these combinations to relieve your specific needs. Each combination is a 60 minute treatment.

- Relax your extremities with an Indian Head Massage and Reflexology treatment.
- Back neck and shoulder massage, completed with a relaxing scalp massage. Ideal for upper neck and head tension.
- Back massage followed by a reflexology massage to leave you feeling as light as a feather.

Sports Massage 85/115€ 60/90 min

Our Therapists are trained to do a remedial massage to remove trapped nerves, muscle problems and alleviate any aches and pains from sports injuries.

Specialised Body

Hot Stone Massage 85€

Smooth warm volcanic stones are used to create a cleansing, harmonising and soothing effect on the body. Leaving you feeling energised.

Lymphatic Massage 75€

Ideal for sluggish and poor circulation of the entire body. This treatment will open lymph glands to increase drainage and the elimination of toxins from tissues.

Aromatherapy 90€

Essential oils from some of the world's most exotic flowers and plants that have been used for centuries for their powerful penetrating fragrances and healing properties. A brief consultation will take care of your senses and needs.

Ear Candling 30€

For the relief of sinusitis, headaches, Vertigo, ear pressure from wax build up, hay fever and allergies.

Reflexology 75€

This Ancient Chinese treatment applies to certain known reflex points located in the feet. Disorders may be treated or prevented.

Herbal Poultice Massage 105€

This relaxing Thai massage is done with herbs and spices, wrapped in a warm muslin cloth, extremely rich in nutrients, restores aching muscles.

Body Scrubs 35€

Containing seaweed extract. Herb and aromatherapy oils will be used to remove the dead cells for the better penetration of oils. Leaving the skin well hydrated and smooth.

Complete the Body Scrub with a 20 minute massage. **60€**